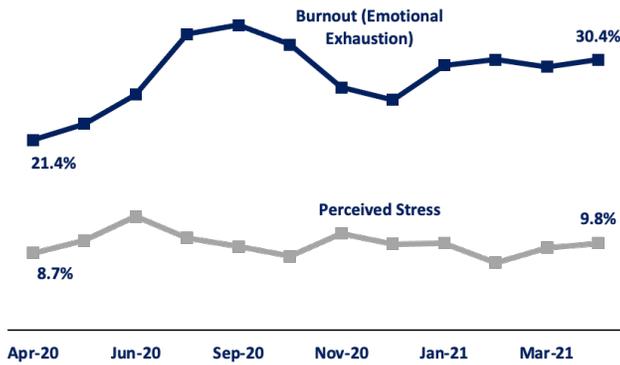


# 2,491

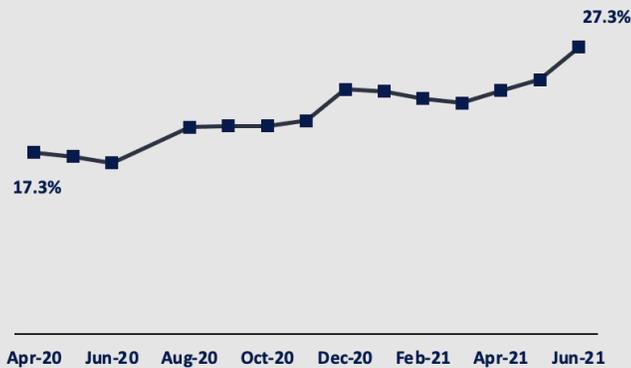
School Adults Surveyed in 2020-2021

### Burnout and Stress Over Time



Rates of burnout at work and general stress have risen since the start of the pandemic and continue to climb.

### Support Requested Over Time



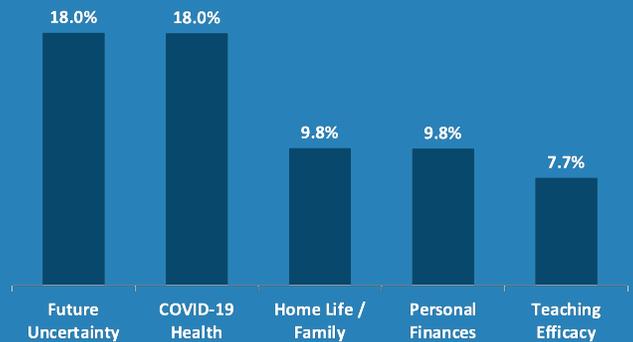
During the same time period, the amount of support faculty and staff were asked to provide to students, colleagues, and others has increased. While supporting others can be good for personal well-being, this caregiving burden can amplify burnout and stress in the long term.

Supporting the well-being of faculty & staff is crucial for improving school climate, reducing turnover, and ensuring that students have the support they need to succeed.

Visit our website to learn how to partner with AC to support your faculty and staff members:

[AuthConn.com](https://AuthConn.com)

### Top 5 topics mentioned in response to the question, "These days, what are you most worried about?"



"I'm worried that, as a school, we will be pressured to return to the lightning fast pace of school as it was pre-pandemic; not understanding that there were some benefits to the reduced pace, which made clear what was really important and crucial."