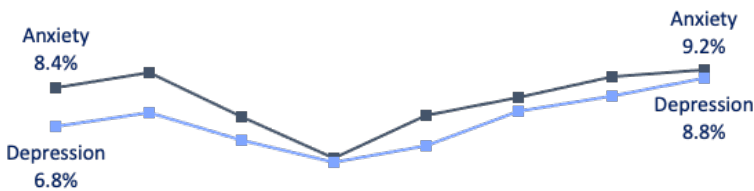


# 25,620

Students Surveyed in 2020-2021

Grades 6-12		Grades 2-5
High Achieving Schools Survey 10,812	Student Resilience Survey 13,971	Children's Resilience Survey 837

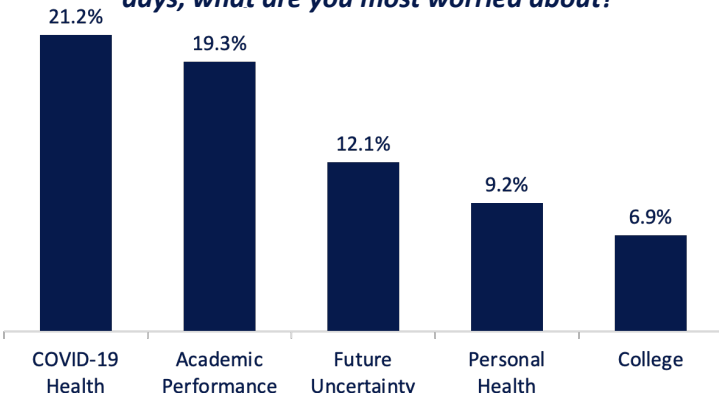
## Anxiety and Depression Over Time



Data from 30k students in grades 9-12

After initially dropping at the start of the pandemic, rates of clinically significant depression and anxiety have risen.

### Top 5 topics mentioned in response to the question, "These days, what are you most worried about?"



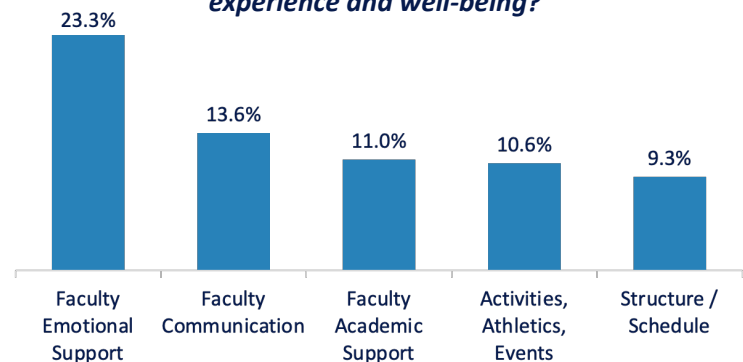
"My grades are slipping and my motivation is low. I'm worried about coming back next year and having to relearn everything I have been 'learning' this year."

As rates of anxiety and depression rise, it is more important than ever to keep a pulse on well-being.

Visit our website to learn how to partner with AC to support your students:

[AuthConn.com](https://AuthConn.com)

### Top 5 topics mentioned in response to the question, "What is your school doing well to support your overall school experience and well-being?"



"My advisor is always there to help me. She makes sure that I know that she's on my side whenever I'm struggling with absolutely anything, and I don't know where I'd be without her. She helps me both as a trusted adult who can give me advice and as a teacher who will do anything to make sure I'm not falling behind in my classes."